



LACEY TOWNSHIP HIGH SCHOOL

A Tradition Of Pride · A Tradition Of Excellence

AIMEE DEL VENTO EVANS

ATHLETIC DIRECTOR

Dear Parent/Guardian:

This year we will continue to provide annual physicals for our student-athletes. This will take place on Tuesday, June 7th, and Wednesday, June 8th between the hours of 2:30 - 6 pm at Lacey Township High School by appointment only. Your child must be accompanied by an adult. As per our school doctor, *Brielle Orthopedic*, there will be no alternate appointments available until June 2023.

The completion of physicals is a multi-step process. If you choose to have our school doctor complete your child's physical, the first step is to complete the *Physical Evaluation Forms* provided below, which can also be found on our school website. Please have the *Preparticipation Physical Evaluation History Form* and *Health History Update Questionnaire* printed, filled out, and ready to be provided to the doctor on the day of your child's physical. This paperwork must be completed prior to your child's scheduled physical time. Please note: there are limited appointments available through our school doctor. This will be on a first-come-by-appointment-only basis. Please be prepared for appointments to take up to 60-90 minutes.

If you choose to take your child to your own physician, the same two forms (*Preparticipation Physical Evaluation History Form and Health History Update Questionnaire*) must be completed, signed, and submitted to the school nurse and you must allow 2 full calendar weeks for our physician to review and approve it before your child is cleared to participate. We recommend that you have your paperwork completed and submitted to your school nurse prior to the end of this school year in order to be cleared to participate in the start of the fall season. The nurses' offices do not have summer hours and we would like to give each student-athlete the opportunity to start on time.

The final step of the process for your child to be cleared for sports participation is for you and your child to register with the *FAMILY ID program*. The FamilyID program can be found by going to our school's website, www.laceyschools.org under "Lacey Athletics". Please note any and all health concerns on the FamilyID forms.

The log-in and password you create will be used by you for the duration of your child's enrollment at Lacey Township. All consent forms and the *Preparticipation Physical Evaluation History Form and Health History Update Questionnaire* will be filed once approved by your school nurse.

Like the many other changes the past few years have brought, we appreciate your cooperation in this process. We look forward to the 2022-2023 athletic seasons and can not wait to continue to cheer on your athletes!

If you have any questions, please contact Mrs. Tiazkun at (609) 971-2020 ext. 2030.

Please click on the links below to print and complete the Preparticipation Physical Evaluation History Form and Health History Update Questionnaire. These forms MUST be completed and brought to your child's scheduled appointment.

- [Preparticipation Physical Evaluation History Form](#)
- [Health History Update Questionnaire](#)

Please click on the link "Physical Sign-Up Form" to schedule an appointment for your child.

- [Physical Sign-up Form](#)